

## The effect of social media on family relationships

Ferah Diba İzgi  
Gaziantep University  
[izgiferahdiba@gmail.com](mailto:izgiferahdiba@gmail.com)

### Abstract

The aim of this study is to examine the effect of social media and internet use on family communication. In this context, social media, and internet usage situations (purpose, frequency, duration) were examined. Then, the effects of sharing, social media addiction, social isolation, and spending quality time together on family communication were examined. The causal screening method was used in the research. The research was carried out on 207 people by snowball sampling method. The measurement tool developed by Demir (2016) was used in the research. The data collection tool was created and applied as an online form. Parametric tests were used in the analysis of the data.

As a result of the analysis of the data; it has been determined that the participants frequently use the internet and social networks, they use their own names in social media, and the most used social network is Facebook. In the study, the sub-dimension of sharing at the level of family communication was “low”; social media addiction dimension is “high”; It was found that the social isolation dimension was “moderate”, the quality of spending time with common sub-dimension was at a medium level, and in general, the intra-communication was at a moderate level.

Women are more dependent on social media than men; It has been found that those who spend less time in social networks have higher levels of spending quality time together within the family. As a result, it can be said that the use of social networks and the internet is high and negatively affects family communication.

**Key words:** social media, family communication, social media addition, internet effects, negative interaction within the family

