

## **Health problems among radiographers: An empirical study in private hospitals**

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### **Abstract**

This survey based descriptive research work has been undertaken in Tirunelveli city, Tamil Nadu with the objective of examining various health problems of radiographers working in private multi-speciality hospitals. In order to know the health-related problems, the present study has examined nine variables related to both physical and mental health. The study has sampled 60 radiographers using both convenience and judgement sampling techniques. Primary data for the study have been collected using questionnaire method. Secondary data have been collected from books, journals and websites. Percentage, Mean and Standard Deviation have been administered to understand perception of radiographers towards various health related problems. The result of the study has discovered that tiredness and low energy; body pain; difficulties in sleeping; depression, anger, and emotional disturbances; and digestive disorders are the foremost health related problems. Skin and eye problems; urinary tract infection; diabetes mellitus and hypertension; and irregular menstrual, weight loss and hair loss are the next foremost health related problems of radiographers. The perception of the respondents towards the discussed variables is moderate. The study has given suitable suggestions to improve health of radiographers working in private multi-speciality hospitals.

**Keywords:** Radiographer, health, multi-speciality hospital, Tirunelveli city